BHR Falls Prevention & Reduction Scheme

The BHR Falls Prevention & Reduction project aims to ensure the provision of a holistic falls service for the BHR older people and frail population. It will focus on the proactive management of all levels of falls risk, through identification and risk / need stratification, with enhanced access to directed multifactorial interventions for the target population that reduces individuals' risk of future falls and optimises their recovery to independence.

Interventions:

1) Primary Care Falls Practitioner operating at a PCN level and based within primary care, responsible for working with practices to:

- Identify patients at risk of experiencing a first time/recurrent fall. Patients will be identified using an algorithm developed by CEG which will be run on the GP IT systems to generate a list of patients.

- Assess, triage, onward refer/signpost as appropriate, follow-up patients

- Manage moderate risk patients as appropriate

2) BHR-wide multidisciplinary community falls service for the management of complex patient

3) Strength and balance sessions for BHR residents aged 50 and over

4) Falls Prevention training for front line professionals to support the early identification of residents at risk of falls

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