

What happens at the appointment?

The service is provided by local clinicians and consultants with the specialist knowledge and skills to treat your eye condition. You will be given a choice of location, date and time to be seen so that the service meets your eye health needs at a time and place that is convenient.

The clinician that sees you in your appointment is experienced in treating your condition. They will discuss your history and symptoms with you, examine your eyes and explain any treatment options including the risks and benefits of each. Where a procedure is required during your appointment, the clinician will always ask for your consent first.


You can bring someone with you to your appointment.

After your appointment, you may be

- Asked to return for a follow-up appointment
- Discharged back to your GP who will receive advice on how to manage your condition (if appropriate)
- Referred onto hospital of your choice or another health care provider if further treatment is required i.e. cataracts

Your GP will be kept fully informed with results being recorded in your GP record.

Your NHS Eye Care Service Explained



A new NHS service providing an assessment and treatment for minor eye conditions through a local clinician and community eye care provider network.

About the service

Your local NHS has set-up the Community Ophthalmology Service which is available to all patients registered with a Barking and Dagenham, Havering or Redbridge GP. The service is designed for the assessment and treatment of recently occurring medical eye conditions including minor surgery and ongoing glaucoma management.

The service is provided by local optometrists, clinicians and consultants, with the specialist knowledge and skills in caring for patients with conditions related to their eyes.

The service does not replace the routine eye examination or eye test. A sight test will not be performed as part of the assessment or treatment and you will not be issued with a prescription for spectacles.

Included Conditions

The service is designed for recently occurring medical eye conditions such as:

- ✓ Red eye(s)
- ✓ Dry eye(s)
- ✓ Floaters/flashing lights
- ✓ Significant recent discharge from or watering from the eye
- ✓ Mild trauma, for example a scratch to the outer surface of the eye(s) or lid(s)
- ✓ Suspected foreign body in the eye
- ✓ Mild pain and/or discomfort in the eyes
- ✓ Itchy/burning eyes
- ✓ Lid lesions, cysts and lumps
- ✓ Eyelash problems

Excluded Conditions

If you have sudden loss of vision in one or both eyes, considerable eye pain or trauma, chemical injury or burns or have had recent eye surgery you should go directly to an A & E department.

Accessing the Service

You can be referred by your GP practice or optometrist into the service. Upon receipt of your referral, we will contact you to discuss where and when you want to be seen and arrange an appointment for you.

Alternatively, you can access the service directly by walking into one of the participating optometrists (www.myecare.co.uk/BHRCCG-Practices) who can see you on the same day or make an appointment that is convenient to you.

If you have any queries relating to the service or your referral, please contact Evolutio on **020 3780 3196** between the hours of 9:30am – 5pm (Monday to Friday)

If you do not wish to be referred, you want to cancel your appointment, or if you wish to use private medical insurance, please call **020 3780 3196** to cancel your referral.