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| Clonidine |
| Preparations listed in the Drug tariff | [**Part VIIIA (hover the mouse here for more info):**](#PartVIIIa) | **DT price** |
| Clonidine 25 mcg tablets, 100mcg (Catapress) tablets | [**£**](#_Clonidine) |
| Clonidine 50mcg/5ml oral solution S/F | £77.07 for 100ml |
| [**Part VIIIB (hover the mouse here for more info):**](#PartVIIIb) | **DT price** |
| None |  |
| Administration in swallowing difficulties |
| Clonidine oral solution can be administered using an oral dosing syringe.Catapres tablets can be crushed or dispersed in 10ml water within 2 minutes (both options are unlicensed uses)1. Catapres tablets are scored2. Accord Healthcare have no information on crushing or dissolving their tablets for patients with swallowing difficulties3. This is the only other manufacturer listed in EMC that makes clonidine tablets. Clonidine tablets can be crushed and mixed with a small amount of soft food such as yoghurt, honey or jam before swallowing, without chewing4 (unlicensed use.) |
| Administration in enteral feeding tube |
| Clonidine tablets- Catapres brand (unlicensed use)1:Stop the feed and flush. Place tablet in barrel of syringe and disperse with 10ml of water, shaking if necessary. Flush the medicine down the tube. Draw another 10ml of water and flush the rinsing (any remaining medicine) down the tube. Flush with 10ml of water. Thame Laboratories have no information on giving their oral solution via a feeding tube5. Accord Healthcare, the only other manufacturer listed in EMC that makes clonidine tablets do not have information on administering via feeding tube3.  |
| Comments |
| Clonidine patches are unlicensed in the UK but there are licensed versions outside the UK, Catapres-TTS patches6 (Boehringer Ingelheim) which are available as 3 strengths delivering 0.1mg, 0.2mg or 0.3mg daily for one week. And although indicated for the treatment of hypertension, this has been used for different (unlicensed) indications.Clonidine (oral) is on the hospital only list for ADHD only7. |
| References1. White R and Bradnam V. Handbook of Drug Administration via enteral feeding tubes. 3rd edition, 2015. Pharmaceutical Press
2. SPC Catapres 100mcg tablets (Boehringer Ingelheim) last updated June 2018 [www.medicines.org.uk](http://www.medicines.org.uk) date accessed 6 September 2019
3. Email on file: Clonidine. Accord Healthcare, Medicines Information. Received 16/12/2019
4. Clonidine for Tourette’s syndrome, ADHD and sleep-onset disorder. Medicines for Children. Published 25/7/2014 <https://www.medicinesforchildren.org.uk/clonidine-tourettes-syndrome-adhd-and-sleep-onset-disorder>
5. Email on file: Clonidine. Thame Laboratories, Medical Affairs. Received 6 Sept 2019
6. SPC Catapress-TTS patch (Boehringer Ingelheim) last updated August 2016 <https://docs.boehringer-ingelheim.com/Prescribing%20Information/PIs/Catapres%20TTS/CatapresTTS.pdf>
7. East London Health & Care Partnership. Drugs Normally for Hospital only prescribing. Version 3, May 2019. <http://gp.barkingdagenhamccg.nhs.uk/BHR/downloads/MM/Prescribing-guidance/Hospital-only-list/HOL.pdf>
8. Drug Tariff September 2019 <https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff>
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| **Please note: full instructions should be provided to the person administering the medicine. This is guidance only and should not determine individualised care.** |
| Author: Vicki Kong, QIPP Programme Pharmacist, BHR CCGsApproved by BHR CCGs Area Prescribing sub-Committees: January 2020 |
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