

Position statement on the prescribing of emollient bath oils, shower gels, washes and shampoos

Following the local Spending NHS Money Wisely public consultation, the Governing Bodies of the BHR CCGs met in common on 14th December 2017 to agree changes to prescribing across Barking and Dagenham, Havering and Redbridge.

**From 8th January 2018
Barking and Dagenham, Havering and Redbridge Clinical
Commissioning Groups (BHR CCGs) no longer supports the
prescribing of emollient bath oils, shower gels, washes and
shampoos**

Decision

- The decision to stop emollient bath oils, shower gels, washes and shampoos applies to ALL patients across Barking and Dagenham, Havering and Redbridge.

Prescribing alternative

BHR CCGs have agreed that emollients creams and ointments can be prescribed for use in the bath

This decision was made because:

- BHR CCGs believe it is more cost-effective to prescribe emollient creams and ointments for use in the bath
- Patients can purchase emollient bath oils, shower gels, washes and shampoos if they wish to continue using these products
- BHR CCGs have a duty to spend taxpayer's money wisely, to make sure they get the best value possible – especially when NHS funding is being severely squeezed and more patients are being seen with more complex health issues than ever before