

Position statement on the prescribing of once daily Tadalafil

Following the NHS England guidance 'Items which should not routinely be prescribed in primary care: Guidance for CCGs (version 2, June 2019) the following changes to prescribing have been agreed across Barking and Dagenham, Havering and Redbridge.

**From 17th September 2019
Barking and Dagenham, Havering and Redbridge Clinical
Commissioning Groups (BHR CCGs) no longer supports the
prescribing of once daily Tadalafil**

Decision

- The decision to stop once daily Tadalafil applies to ALL patients across Barking and Dagenham, Havering and Redbridge. BHR CCGs have agreed NO exceptions to this recommendation

This decision was made because:

- Benign Prostatic Hyperplasia: The National Institute for Health and Care Excellence (NICE) terminated their technology appraisal ([TA273](#)) due to receiving no evidence from the manufacturer. In [NICE CG97 \(published 23 May 2010\): Lower Urinary Tract Symptoms in Men](#), NICE state that there is not enough evidence to recommend phosphodiesterase inhibitors in routine clinical practice.
- Erectile Dysfunction: PrescQIPP Community Interest Company (CIC) have reviewed the evidence for Tadalafil and although tadalafil is effective in treating erectile dysfunction, there is not enough evidence to routinely recommend once daily preparations in preference to "when required" preparations particularly as when required preparations are now available as a generic.
- BHR CCGs have a duty to spend taxpayer's money wisely, to make sure they get the best value possible – especially when NHS funding is being severely squeezed and more patients are being seen with more complex health issues than ever before

Reference:

NHS England and NHS Improvement. Items which should not routinely be prescribed in primary care: Guidance for CCGs. Version 2, June 2019. Publishing approval reference 000608 <https://www.england.nhs.uk/publication/items-which-should-not-be-routinely-prescribed-in-primary-care-guidance-for-ccgs/>