

Position statement on the prescribing of silk garments

Following the NHS England guidance 'Items which should not routinely be prescribed in primary care: Guidance for CCGs (version 2, June 2019) the following changes to prescribing have been agreed across Barking and Dagenham, Havering and Redbridge.

**From 17th September 2019
Barking and Dagenham, Havering and Redbridge Clinical
Commissioning Groups (BHR CCGs) no longer supports the
prescribing of silk garments**

Decision

- The decision to stop silk garments applies to ALL patients across Barking and Dagenham, Havering and Redbridge. BHR CCGs have agreed NO exceptions to this recommendation

This decision was made because:

- The clinical evidence relating to their use is weak.
- Silk garments for the management of eczema is unlikely to be cost-effective for the NHS and we have a duty to spend taxpayer's money wisely

Reference:

NHS England and NHS Improvement. Items which should not routinely be prescribed in primary care: Guidance for CCGs. Version 2, June 2019. Publishing approval reference 000608 <https://www.england.nhs.uk/publication/items-which-should-not-be-routinely-prescribed-in-primary-care-guidance-for-ccgs/>

PrescQIPP Silk and antimicrobial garments 2.0 B160 February 2017
<https://www.prescqipp.info/media/1659/b160-silk-and-antimicrobial-garments-20.pdf>

Thomas KS and Bradshaw LE et al. Randomised controlled trial of silk therapeutic garments for the management of atopic eczema in children: the CLOTHES trial. Health Technology Assessment Vol 21, issue 16. April 2017
<https://www.journalslibrary.nihr.ac.uk/hta/hta21160/#/abstract>