

SELECTED DECOMMISSIONED MEDICINES – QUICK REFERENCE GUIDE

PRODUCT	PRESCRIBING GUIDANCE	EXCEPTIONS
ANTI-MALARIAL TABLETS	NO LONGER PRESCRIBABLE , patients to buy or GPs to prescribe on a private prescription	NONE
BATH ADDITIVES/SHOWER GELS (e.g. Aveeno Body Wash, Dermol 200 shower/600 Bath, Oilatum Emollient, Balneum Bath Oil). This list is not exhaustive	NO LONGER PRESCRIBABLE , use an emollient cream as a soap substitute instead	NONE
DENTAL/ORAL HEALTH (e.g. toothpastes, mouthwashes, teething gels, and treatments for dry mouth)	NO LONGER PRESCRIBABLE , patients to buy OTC or dentist to prescribe	HEAD & NECK CANCER PATIENTS, SICCA SYNDROME PATIENTS (but also other specialist conditions, please check with clinical staff before issuing)
EYE VITAMINS (e.g. Preservision, Ocuville, iCaps, Macushield, Visionace) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC or secondary care to prescribe	NONE
GLUTEN-FREE FOOD	NO LONGER PRESCRIBABLE , patients to buy OTC	NONE
HEAD LICE/SCABIES (e.g. Permethrin, Malathion, Lyclear) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	NONE
MUSCLE RUBS (e.g. Movelat, Algesal, Balmosa, Deep Freeze, Ralgex, Transvasin) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	Capsaisin cream (Axsain 0.075%) for neuropathic pain
THREADWORM MEDICATIONS (e.g. Mebendazole, Ovex)	NO LONGER PRESCRIBABLE , patients to buy OTC	CHILDREN UNDER 2, AS THESE ITEMS ARE NOT AVAILABLE TO BUY OTC FOR THIS AGE GROUP
TRAVEL SICKNESS OTC MEDICATIONS (e.g. Avomine, Cinnarizine, Cyclizine, Kwells) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	Any indication other than travel sickness (e.g. vestibular disorders such as tinnitus and vertigo)
MAINTENANCE VITAMIN D (e.g. Colecalciferol, Desunin, Fultium D3, Aciferol) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	CHRONIC KIDNEY DISEASE (and a few other clinical conditions, please check with clinical staff before issuing)
MULTIVITAMINS (e.g. Pregnacare, Forceval, Dalivit, Abidec) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	When used to treat known deficiency/disease-related deficiency, please check with clinical staff before issuing
OTC HAYFEVER MEDS (e.g. Cetirizine, Loratidine) This list is not exhaustive	NO LONGER PRESCRIBABLE , patients to buy OTC	Prescribable only when used for treating severe and/or all year round symptoms
PARACETAMOL or IBUPROFEN TABS/CAPS	NO LONGER PRESCRIBABLE , patients to buy OTC	CHRONIC PAIN
TRAVEL VACCINES	The following vaccines are no longer prescribable for travel purposes: HEP A&B COMBINED, HEP B, MENINGOCOCC MENINGITIS, JAPANESE ENCEPHAL, RABIES, TICKBORNE ENCEPHAL, TUBERCULOSIS, YELLOW FEVER	ALL INDICATIONS OTHER THAN TRAVEL

Disclaimer: this is not an exhaustive list of all decommissioned items, please see the Medicines Management section of the BHR CCG website for full guidance. Please direct any query/complaint to: REDCCG.complaintsbhrccgs@nhs.net

Version 1.

Approved by the Barking and Dagenham, Havering and Redbridge CCG Area Prescribing sub-Committees: March 2019

Reviewed date: March 2020.