

LOW VALUE MEDICINES – QUICK REFERENCE GUIDE

| PRODUCT | PRESCRIBING GUIDANCE |
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| ALISKIREN (or Rasilez brand) | DO NOT PRESCRIBE. Refer to GP to consider switching or referring to secondary care |
| AMIODARONE | DO NOT INITIATE TREATMENT OR PRESCRIBE: refer to GP to consider prescribing Under local arrangements for atrial fibrillation where other treatments cannot be used, have failed or is in line with The National Institute for Health and Care Excellence (NICE) clinical guideline: NICE Guidance CG180 - management of atrial fibrillation. It may also be suitable in patients prior and post cardioversion or in specific patients who also have heart failure or left ventricular impairment. |
| CO-PROXAMOL | DO NOT PRESCRIBE. Refer to GP to consider prescribing paracetamol, co-codamol or co-dydramol |
| DOXAZOSIN MR TABLETS (e.g. Cardura XL, Doxdura XL, Raporsin XL, Cardozin XL) | DO NOT PRESCRIBE. Refer to GP to consider switching to immediate-release generic doxazosin |
| DRONEDARONE | DO NOT INITIATE TREATMENT OR PRESCRIBE: refer to GP to consider prescribing under local arrangements for atrial fibrillation where other treatments cannot be used, have failed or is in line with NICE Guidance CG180 . |
| FENTANYL IMMEDIATE- RELEASE PRODUCTS (e.g. Abstral, Effentora, Recivit, Actiq,Breakyl, Instanyl, PecFent) | DO NOT PRESCRIBE. Refer to GP to consider: <ul style="list-style-type: none"> • Prescribing for palliative care • Prescribing for patients who have been recommended to use immediate release Fentanyl by a multi-disciplinary team and/or specialist in palliative care • Referring to secondary care |
| GLUCOSAMINE and/or CHONDROITIN | DO NOT PRESCRIBE patients to buy over the counter |
| HERBAL and HOMEOPATHIC ITEMS | DO NOT PRESCRIBE patients to buy over the counter |
| INSULIN PEN NEEDLES COSTING MORE THAN £4.50 PER BOX OF 100 | DO NOT PRESCRIBE PEN NEEDLES COSTING MORE THAN £4.50 PER BOX OF 100. Refer to GP to prescribe approved cost-effective brands. The only exception is safety pen needles for patients who have their injectable meds administered by non-clinical workers (e.g. school staff, social care workers) |
| LIDOCAINE PLASTERS | DO NOT PRESCRIBE. Refer to GP |
| LIOTHYRONINE (including armour thyroid and liothyronine combination products) | DO NOT INITIATE. Refer to GP. Prescribing should continue only for patients with an on-going need for liothyronine confirmed by a NHS consultant endocrinologist or NHS consultant psychiatrist. Where levothyroxine has failed, NHS consultant endocrinologists may recommend liothyronine for patients after having prescribed a successful 3 month trial titration to Levothyroxine monotherapy. |
| MINOCYCLINE | DO NOT PRESCRIBE. GPs to switch or refer to secondary care |
| OXYCODONE/NALOXONE COMBINATION PRODUCTS | DO NOT PRESCRIBE Refer to GP to prescribe oxycodone alone |
| PARACETAMOL/TRAMADOL COMBINATION PRODUCTS | DO NOT PRESCRIBE Refer to GP to prescribe alternative e.g. paracetamol, codeine or tramadol separately |
| PERINDOPRIL ARGININE (or Coversyl Arginine) | DO NOT PRESCRIBE Refer to GP to switch to perindopril erbumine |
| ONCE DAILY TADALAFIL | DO NOT PRESCRIBE, Refer to GP to consider options depend on indication <ul style="list-style-type: none"> • For ED: switch to generic sildenafil or tadalafil on demand • For radical prostatectomy or BPH: refer to secondary care |
| SILK GARMENTS (e.g.DermaSilk®, DreamSkin®, Skinnies™ silk, Skintoskin®.) | DO NOT PRESCRIBE patients to buy over the counter |

Disclaimer: this is not an exhaustive list of all low-value medicines, please see the Medicines Management section of the BHR CCG website for full guidance. Please direct any query/complaint to: REDCCG.complaintsbhrcgcs@nhs.net